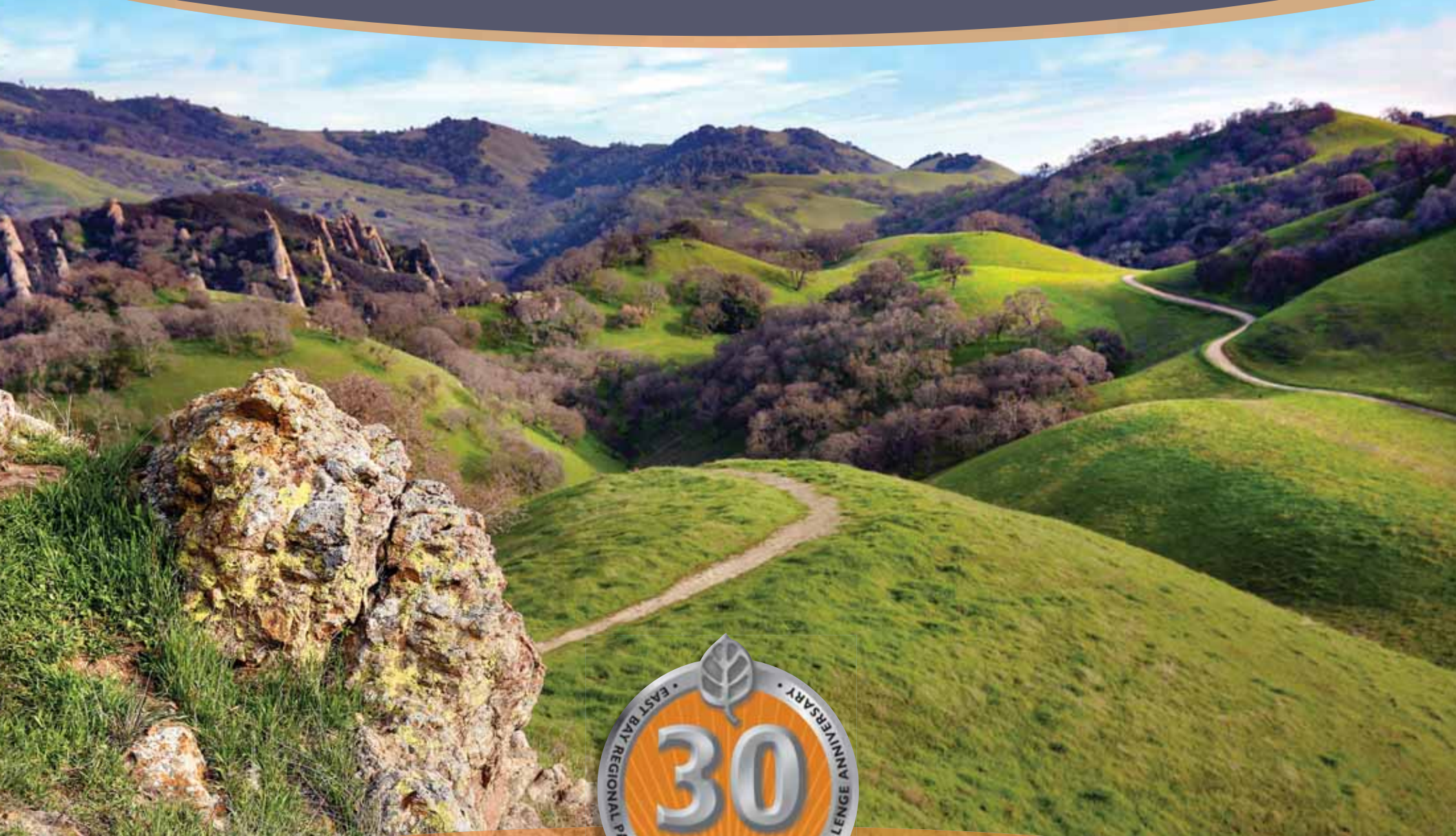


# EAST BAY REGIONAL PARK DISTRICT 2023 CALENDAR



**CELEBRATING 30 YEARS**

**OF THE TRAILS CHALLENGE**

# East Bay Regional Park District



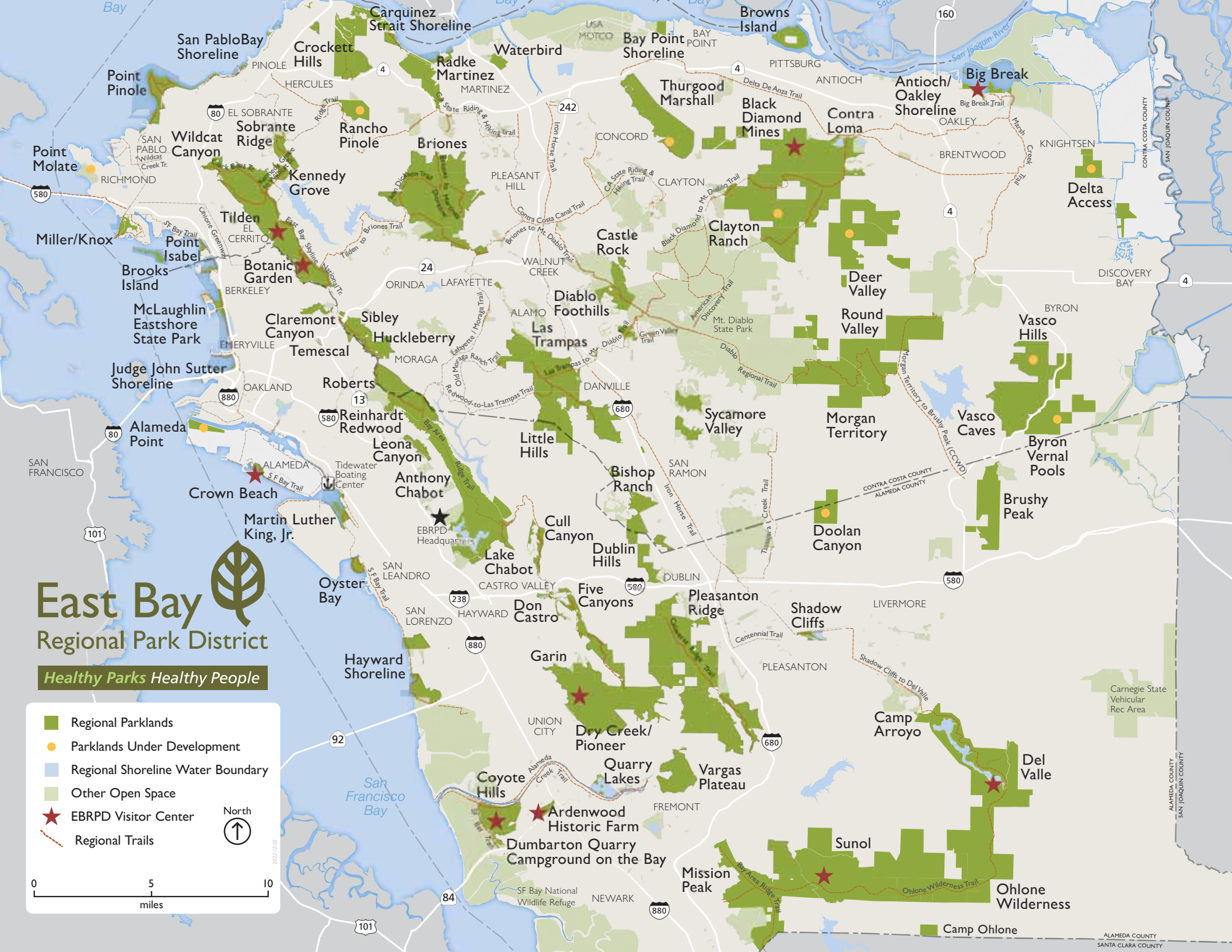
Healthy Parks Healthy People

- Regional Parklands
- Parklands Under Development
- Regional Shoreline Water Boundary
- Other Open Space
- EBRPD Visitor Center
- Regional Trails

North  
↑

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miles

2022-12-02



**W**elcome to 2023, a year we hope will inspire you in more ways than one. This year's calendar celebrates the 30<sup>th</sup> anniversary of the East Bay Regional Park District's Trails Challenge, a free program that connects people with nature through hiking and biking made available on 20 designated trails ranging from easy and moderate to challenging.

The Trails Challenge is part of the global Healthy Parks Healthy People movement that underscores the connection between a healthy green environment and community health. For three decades, park-goers have used the Trails Challenge to discover the many wonders of the East Bay's natural environment, right here in their own backyard.

The 2023 calendar offers information on the Park District's outdoor interpretive and recreation programs, annual festivals and special events, and Trails Challenge highlights. We hope that, along with following a few new trails of your own, you'll take advantage of our programs and discover something new and exciting this year.

In addition to Trails Challenge, we encourage you to explore our newest parks and amenities, including Tyler Ranch Staging Area at Pleasanton Ridge Regional Park in Sunol, Brickyard Cove in Berkeley, and the newly renovated Sunol Visitor Center in Sunol Wilderness Regional Preserve, among others.

We would like to thank the Regional Parks Foundation and Kaiser Permanente for sponsoring Trails Challenge and supporting our mission to "forever provide the opportunity for a growing and diverse community to experience nature nearby."

See you on the trails!

  
Sabrina B. Landreth  
General Manager



**On the Cover • Diablo Foothills Regional Park, Walnut Creek**  
At the gateway to the beautiful parklands of Mount Diablo State Park, visitors marvel at Diablo Foothills' striking geologic formations, sweeping panoramas, and rolling grasslands. Challenge yourself on a 7.2-mile loop hike featured in the 2021 Trails Challenge guidebook.

**Contributing Photographers** A big thank you goes to the following photographers for the use of their beautiful and inspiring photos:

**Cover** Michael Short  
**January** Fred Rowe  
**February** Davor Desancic  
**March** Michael Short  
**April** Marc Crumpler  
**May** Marc Crumpler  
**June** Nick Khadder

**July** Simon Stahl  
**August** Akio Higuchi  
**September** Anne Kohler  
**October** Cali Godley  
**November** Jerry Ting  
**December** Enesa Batakovic  
**Back Cover** Jorge Rivas

### EAST BAY REGIONAL PARK DISTRICT

2950 Peralta Oaks Court, Oakland, CA 94605-0381 • [ebparks.org](http://ebparks.org)

#### Contact Us

Receptionist . . . . . 1-888-EBPARKS (1-888-327-2757)  
24-hour Information . . . . . 1-888-EBPARKS (1-888-327-2757), option 1  
Camping and Picnic Reservations . . . 1-888-EBPARKS (1-888-327-2757), option 2  
TRS Relay For Hearing Impaired . . . . . 711  
Regional Parks Foundation . . . . . 510-544-2220  
Visitor Centers' Information . . . . . [ebparks.org/parks/vc](http://ebparks.org/parks/vc)

#### East Bay Regional Park District Board of Directors

Elizabeth Echols . . . . . Ward 1  
Dee Rosario . . . . . Ward 2  
Dennis Waespi, President . . . . . Ward 3  
Ellen Corbett . . . . . Ward 4  
Olivia Sanwong . . . . . Ward 5  
John Mercurio . . . . . Ward 6  
Colin Coffey . . . . . Ward 7



**The Regional Parks Foundation** is a nonprofit organization that supports the East Bay Regional Park District through fundraising to provide universal access, environmental stewardship, educational and recreational programs, and the acquisition of parklands. You can support your East Bay Regional Parks through membership, donations, legacy giving and volunteering. Please visit [regionalparksfoundation.org](http://regionalparksfoundation.org) to learn more.



Learn about the  
Trails Challenge at  
[ebparks.org/tc](http://ebparks.org/tc)



# January 2023

## Claremont Canyon Regional Preserve, Oakland

This scenic 208-acre preserve nestled in the Berkeley and Oakland hills forms part of an important wildlife corridor along the urban fringe. Explore Claremont Canyon on an easy 1.8-mile hike along the Gwin Canyon Trail on the 2023 Trails Challenge.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  <b>New Year's Day</b>	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Volunteer in Regional Parks	17	18	19	20	21
	Martin Luther King Jr. Day of Service					
22	23	24	25	26	27	28 Fungus Fair Tilden Nature Area
Asian Lunar New Year						
29 Fungus Fair Tilden Nature Area	30	31				
					<b>DEC. 2022</b> S M T W T F S 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	<b>FEBRUARY</b> S M T W T F S 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 1 2 3 4



# FEBRUARY 2023

## Coyote Hills Regional Park, Fremont

This bayside jewel boasts wonders for every season with bountiful natural features, a multitude of recreational activities, a visitor center, and site of an Ohlone village. A network of trails includes a 3.89-mile moderate loop with bay views, featured in the 2015 Trails Challenge Guide.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			 <b>Black History Month</b>	<b>Groundhog Day</b>		
● 5	6	7	8	9	10	11
12	☾ 13	14	15	16	17	18
<b>Lincoln's Birthday</b>		<b>Valentine's Day</b>				
19	● 20	21	22	23	24	25
	<b>Presidents Day Washington's Birthday</b>					
26	☾ 27	28				
					<b>JANUARY</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4	<b>MARCH</b> S M T W T F S 26 27 28 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1





# MARCH 2023

## Oyster Bay Regional Shoreline, San Leandro

An astonishing diversity of wildlife and spectacular bay views can be seen throughout this shoreline park. Discover Oyster Bay on a 1.3-mile round-trip hike along the South Arroyo Trail on the 2023 Trails Challenge.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>FEBRUARY</b> S M T W T F S 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 1 2 3 4	<b>APRIL</b> S M T W T F S 26 27 28 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1 2 3 4 5 6		1  <b>Women's History Month</b>	2	3	4	
5	6	☉	7	8	9	10	11
12  <b>Daylight Saving Time Begins</b>	13	☾	14	15	16	17  <b>St. Patrick's Day</b>	18  <b>Sheep Shearing Day</b> <i>Ardenwood Historic Farm</i>
19	20  <b>First Day of Spring</b>	☀	21	22  <b>Ramadan Begins</b>	23	24	25  <b>Day by the Water</b> <i>Del Valle</i> <b>Sunol Wildflower Season Begins</b> <i>Sunol</i>
26	27	28	☾	29	30	31  <b>César Chávez Day</b>	



# APRIL 2023

## Round Valley Regional Preserve, Brentwood

A wide variety of East Bay wildlife, as well as some species more common to the Central Valley, call the preserve's grasslands and oak savannah their home. Enjoy spectacular views of Mount Diablo and the surrounding hills on a 4.75-mile loop featured in the 2016 Trails Challenge guidebook.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5 Passover Begins at Sundown	6 ☉	7 Good Friday	8
9 Easter	10	11	12	13 ☾	14	15
16	17	18	19	20 ●	21	22 Earth Day Volunteer Events Various Parks Open House Black Diamond Mines
23 Open House Black Diamond Mines	24	25	26	27 ☾	28	29
30					<b>Arbor Day</b>  <b>MARCH</b> S M T W T F S 26 27 28 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1	<b>MAY</b> S M T W T F S 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3



# MAY 2023

## Martin Luther King Jr. Regional Shoreline, Oakland

This 748-acre shoreline park preserves the remainder of a once-extensive marshland at San Leandro Bay, featuring an important stopover for migrating birds on the Pacific Flyway. Take in the views on a 3.5-mile round-trip hike on the Marsh Trail featured in the 2021 Trails Challenge guidebook.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Asian American and Pacific Islander Heritage Month				Cinco de Mayo Vesak (Buddha's Birthday)	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
Mother's Day						
21	22	23	24	25	26	Swim Season Opens 27
Black Birders Week Black Diamond Mines and Crab Cove 28	29	30	31		<b>APRIL</b> S M T W T F S 26 27 28 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1 2 3 4 5 6	<b>JUNE</b> S M T W T F S 28 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1
	Memorial Day					



# JUNE 2023

## Sibley Volcanic Regional Preserve, Oakland

Originally called Round Top Park, Sibley shares with Temescal and Tilden the distinction of being one of the Park District's original parks. Discover the East Bay's volcanic past on a moderate 3-mile loop featured in the 2018 Trails Challenge guidebook.



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<p><b>MAY</b></p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td>30</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td>1</td><td>2</td><td>3</td></tr> </table>	S	M	T	W	T	F	S	30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	<p><b>JULY</b></p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> </table>	S	M	T	W	T	F	S	25	26	27	28	29	30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5			<p>1</p> <p> <b>LGBTQ+ Pride Month</b></p>	<p>2</p>	<p>3</p> <p>Garin Barn Opening Day Garin</p>
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# JULY 2023

## Crockett Hills Regional Park, Crockett

The rolling grassland trails at Crockett Hills offer visitors canyon views and ridgetop vistas of San Pablo Bay, the Delta, Mount Tamalpais, and Mount Diablo. Embark on a challenging 8.48-mile round trip adventure featured in the 2017 Trails Challenge guidebook.



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# AUGUST 2023

## Contra Loma Regional Park, Antioch

Along with year-round hiking, biking, and nature study, this Contra Costa County oasis is also known for its swim lagoon and fishing reservoir. Enjoy the views at Contra Loma on an easy 2.7-mile hike on the Old Ranch Loop Trail featured in the 2018 Trails Challenge guidebook.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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# SEPTEMBER 2023

## Lake Chabot Regional Park, Castro Valley

A popular destination for boating, fishing and recreation, Lake Chabot also serves as a standby emergency water supply for the East Bay. Explore the lake's less traveled east side on a moderate 4.2-mile round trip hike on the 2023 Trails Challenge.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AUGUST</b> <small>S M T W T F S</small> 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2	<b>OCTOBER</b> <small>S M T W T F S</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4				1	Crab Cove Fish Festival Crab Cove
3	4  <b>Labor Day</b>	5	6	7	8	9 Garin Apple Festival Garin
10	11	12	13	14	15  Hispanic Heritage Month Begins Rosh Hashana Begins at Sundown	16
17	18	19	20	21  <b>International Day of Peace</b>	22	23 Coastal Cleanup Day Volunteer Events Shoreline Parks  <b>First Day of Autumn</b>
24  <b>Yom Kippur Begins at Sundown</b>	25	26	27	28	29	30 Autumn Open House Black Diamond Mines



# OCTOBER 2023

## Sobrante Ridge Botanic Regional Preserve, Richmond

This oak and bay-covered parkland preserves the habitat of the extremely rare Alameda manzanita and other indigenous plant and animal species. Enjoy ancient manzanita groves on a moderate 3.42-mile loop featured in the 2016 Trails Challenge guidebook.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Autumn Open House <i>Black Diamond Mines</i> Gathering of Ohlone Peoples <i>Coyote Hills</i>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> Harvest Festival <i>Ardenwood Historic Farm</i>
<b>15</b> Harvest Festival <i>Ardenwood Historic Farm</i>	<b>16</b> Indigenous Peoples' Day	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> Sunol Heritage Festival <i>Sunol</i>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b> Halloween			<b>SEPTEMBER</b> S M T W T F S 27 28 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	<b>NOVEMBER</b> S M T W T F S 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1 2





# NOVEMBER 2023

## Sunol Wilderness Regional Preserve, Sunol

Known for its unique geology, stunning wildflower season, and access to the Ohlone Wilderness Trail, Sunol has a deep connection to the area's first inhabitants. Enjoy a moderate 4.6-mile round-trip hike on Camp Ohlone Road during cooler months on the 2023 Trails Challenge.



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# DECEMBER 2023

## Pleasanton Ridge Regional Park, Pleasanton

This beautiful 9,090-acre parkland is on the oak-covered ridge overlooking Pleasanton and the Livermore Valley from the west. Enjoy hilly climbs and expansive views on a challenging 6.03-mile loop featured in the 2017 Trails Challenge guidebook.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	☾	5	6	7	8
				Chanukah Begins at Sundown		9
10	11	●	12	13	14	15
					Chanukah Ends	16
17	18	☾	19	20	21	22
				First Day of Winter		23
24	25	26	☀	27	28	29
	Christmas	Kwanzaa Begins				30
31					<b>NOVEMBER</b> S M T W T F S 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1 2	<b>JANUARY 2024</b> S M T W T F S 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3
New Year's Eve						



**Point Pinole Regional Shoreline, Richmond**

The trails at Point Pinole lead through breezy meadows with wildflowers in season, aromatic eucalyptus woods, or along bluffs and beaches on San Pablo Bay. Venture through the entire park and enjoy restored marshlands on a moderate 5.9-mile hike on the 2023 Trails Challenge.